

DoD Safe Helpline – Short Descriptions

DoD Safe Helpline
Sexual Assault Support for the DoD Community

DoD Safe Helpline 5-line description:

DoD Safe Helpline: *Sexual Assault Support for the DoD Community*

DoD Safe Helpline provides crisis support to members of the DoD community who are victims of sexual assault, consistent with DoD SAPR Policy. Users can access anonymous and confidential services 24/7 worldwide, through click, call, or text. Safe HelpRoom offers survivors peer support in a moderated and secure online chat. Safe Helpline's free mobile app allows users to create self-care plans. More information can be found at SafeHelpline.org.

DoD Safe Helpline 10-line description:

DoD Safe Helpline: *Sexual Assault Support for the DoD Community*

DoD Safe Helpline provides crisis support for members of the DoD community who are victims of sexual assault, consistent with DoD SAPR Policy. With its one-on-one, peer, and self-care mobile services, Safe Helpline provides many ways to promote victim healing. One-on-one: Live, anonymous and confidential help with a trained professional is available 24/7 worldwide at SafeHelpline.org, by calling (877-995-5247), or by texting location to 55-247 (inside the U.S.) or (001) 202-470-5546 (outside of the U.S.) for resources. Peer support: Safe HelpRoom is a group chat service that allows survivors to connect in a moderated and secure online environment during scheduled sessions at SafeHelpline.org. Self-care mobile services: Safe Helpline's mobile app is free from app stores and allows the user to create tailored self-care plans to assist in managing the effects of sexual assault. More information can be found at SafeHelpline.org.

###

Current as of November 2013